

Geesje Russcher
 Moddergatsweg 2
 7951 NN Staphorst
 Tel.:+31 522464785

Gender **Woman**
 Age **59 y.**
 Birthday **06/14/1962**
 Blood group **O**
 Weight **61 Kg**
 Height **168 cm**

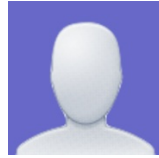
Minerals - Test Result

Patient **Rehcssur Geru**
 Date **06/17/2021**

				LOW	OPTIMAL	HIGH
Calcium	Ca	469.0	299 - 599			
Magnesium	Mg	21.868	29 - 76			
Phosphorus	P	175.4	145 - 200			
Silica	Si	31.344	15 - 31			
Sodium	Na	61.2	21 - 89.0			
Potassium	K	23.1	9 - 41.0			
Copper	Cu	24.4	10 - 28			
Zinc	Zn	149.8	125 - 155			
Iron	Fe	13.01	5.44 - 14.5			
Manganese	Mn	0.5145	0.325 - 0.785			
Chromium	Cr	0.9671	0.819 - 1.54			
Vanadium	V	0.036	0.009 - 0.083			
Boron	B	2.917	0.835 - 2.876			
Cobalt	Co	0.04	0.025 - 0.045			
Molybdenum	Mo	0.028	0.035 - 0.085			
Iodine	I	0.21	0.32 - 0.59			
Lithium	Li	0.0544	0.05 - 0.12			
Germanium	Ge	0.02125	0.003 - 0.029			
Selenium	Se	1.64	0.95 - 1.77			
Sulfur	S	0.072	0.02 - 0.999			

Ratios

Ca/Mg	16.51	7.84 - 18.25			
Ca/P	2.67	1.64 - 4.15			
K/Na	0.38	0.45 - 0.75			
Cu/Zn	0.16	0.11 - 0.17			



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Heavy Metals - Test Result

Patient **Rehcssur Geru**
 Date **06/17/2021**

			NORM	PLUS	SURPLUS
Aluminium	Al	0.01053			
Antimony	Sb	0.004415			
Silver	Ag	0.03615			
Arsenic	As	0.0032			
Barium	Ba	0.00652			
Beryllium	Be	0.00776			
Bismuth	Bi	0.01927			
Cadmium	Cd	0.008488			
Mercury	Hg	0.01137			
Nickel	Ni	0.00423			
Platinum	Pt	0.002413			
Lead	Pb	0.00684			
Thallium	Tl	0.00113			
Thorium	Th	0.0007			

Body Mass Index

Body Mass Index **21.61** Ideal: 20 - 25



Oxidative stress

Oxidative stress **34.0 %**

